

Detection of Hepatic Encephalopathy Using Machine Learning

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Motivation & Objective

Hepatic encephalopathy (HE) is a serious neuropsychiatric complication of liver disease which affects **30–45% of patients with cirrhosis** and 24–53% of patients after TIPS [1].

Conventional diagnostics rely on **subjective** and **time-consuming neuropsychological tests**, which often delay detection and require trained personnel to evaluate them.

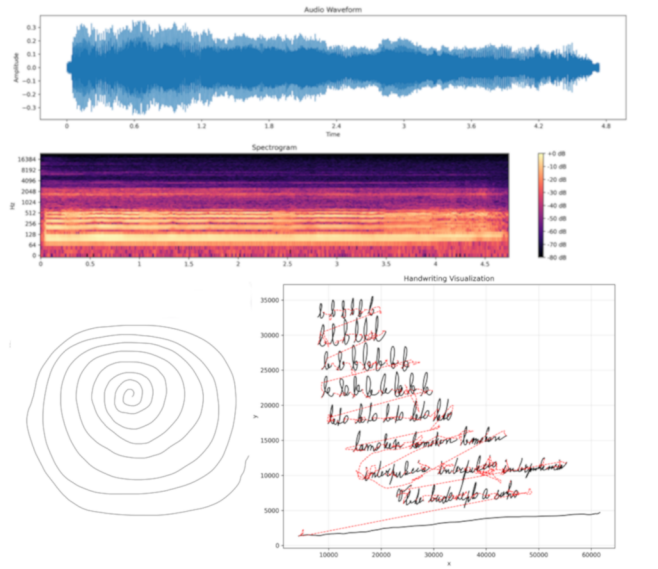
In this thesis, we address this challenge by proposing a **machine learning solution based on non-invasive digital biomarkers**. A **multimodal approach** was developed and evaluated by fusing handwriting and voice signals, with models trained for both a **binary classification** (HE vs. non-HE) and a more challenging **three-class classification** distinguishing healthy controls, cirrhotics without HE, and cirrhotics with HE.

Data


The dataset consisted of **62 participants** across the three groups.


Handwriting data were collected from **writing and spiral tasks** and analyzed through kinematic, pressure, and geometric features.


Voice data came from sustained **vowel recordings (A and E)**, from which spectral, temporal, and harmonic features were extracted.





Methodology


**Data collection**
Handwriting signals from writing and spiral tasks and sustained vowel recordings (A/E) were acquired from 62 participants, including healthy controls and cirrhotic patients with and without HE.

**Preprocessing**
Data were cleaned, normalized, and split using patient-wise cross-validation.

**Feature extraction & selection**
A total of 68 handwriting features and 36 voice features were computed using task-specific pipelines. Then feature selection with 3 stages was applied, retaining the most informative descriptors for classification.

**Model training**
Machine learning models (e.g. SVM, RF, XGBoost) were trained on individual modalities with tuned hyperparameters.

**Multimodal ensemble**
The best handwriting and voice models were combined, using weighted averaging of prediction probabilities across modalities.

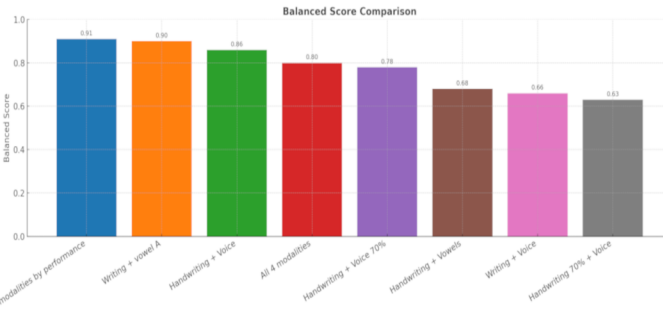
**Evaluation**
Performance was assessed using various evaluation metrics and a custom balanced score emphasizing sensitivity and AUC.

Results

For single modalities, the best 3-class model was **XGBoost on vowel A**, reaching **79.0% accuracy** and **85.0% sensitivity**, outperforming handwriting-based models.

The **performance-weighted multimodal ensemble** (A: 40%, Writing: 30%, E: 20%, Spiral: 10%) further improved results to **85.1% accuracy**, **90.0% sensitivity**, and **94.6% specificity**.

In binary classification, the **Writing + Voice ensemble** achieved **93.4% accuracy**, **100% sensitivity**, and **86.7% specificity**, confirming the complementary nature of handwriting and voice.



Key findings

Voice-based models consistently outperformed handwriting-only approaches, especially when trained on **vowel A**, highlighting that vocal features capture clinically relevant neurocognitive changes. Handwriting still provided complementary information, with **writing tasks more informative than spiral drawing**.

Feature analysis showed that **spatio-temporal** and **pressure parameters** were key for handwriting, while **spectral features** and **MFCCs** dominated in voice.

These findings demonstrate that handwriting and voice capture different but complementary aspects of motor and cognitive impairment in hepatic encephalopathy.

Conclusion

This study demonstrates the potential of **machine learning for non-invasive detection of hepatic encephalopathy** using handwriting and voice analysis. Both modalities provided valuable diagnostic information, with voice features showing consistently higher performance, while handwriting contributed complementary cues.

The **multimodal ensemble** further improved classification and proved to be the **most reliable approach**, capturing different aspects of motor and cognitive impairment. The non-invasive and automatable nature of this method makes it a promising tool for **early and objective HE screening** in clinical practice.

The study is limited by the **small cohort size** and **class imbalance**, which restrict generalizability. Future work should therefore validate these findings on **larger patient populations**, expand the dataset with **additional speech and handwriting tasks**, and explore more **advanced deep learning methods** for feature representation. These steps could further enhance accuracy and robustness and support the practical integration of this approach into hospital workflows.



[1] F. Poordad, "Review article: the burden of hepatic encephalopathy," *Alimentary Pharmacology & Therapeutics*, vol. 25, pp. 3–9, 2007.