# Robust Visual Heart Rate Estimation

### Heart Rate Estimation

- Heart Rate (HR) is a basic parameter of cardiovascular activity.
- HR value is used broadly, its measurement is performed precisely with expensive contact devices (ECG, pulse oximeters, ...).
- Visual HR estimation, i.e. HR estimation from a video, delivers precise measurement using consumer webcameras.
- Accuracy of visual HR estimation depends on recording conditions – prior visual HR methods are sensitive to motion and light interference, requiring subject's cooperation.



HR signal recovered from a video with a cooperating subject (top), and with a non-cooperating subject (bottom).

## **ECG-Fitness Dataset**

- New, realistic & publicly available dataset of subjects performing physical excercises – 1080p RAW 30fps videos + 100Hz ECG recording.
- 207 videos 17 subjects, 6 videos per subject, 2 cameras.
- HR (bpm) min: 56, max: 159, mean: 108.96, std: 23.33.



talking (halogen)

rowing

elliptical trainer

Two cameras: one attached to a tripod, the other to the fitness machine. 4 activities, 2 lighting setups (daylight, halogen).







stationary bike



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Facial images from a rowing session video of a subject from the ECG-Fitness dataset. Pink - the subject's position, blue - the camera.

Dataset challenges: (i) large subject's motion, (ii) motion blur, (iii) facial expressions, (iv) glasses, (v) non-uniform lighting, (vi) light interference, (vii) atypical non-frontal camera angles.

# **Proposed Method**

- HR-CNN: a two-step convolutional neural network.
  - . *Extractor* is run over an image sequence of faces.
- 2. *Estimator* predicts the HR from the output of the Extractor.



Spetlik, R., Cech, J. and Matas, J., (2018) Non-Contact Reflectance Photoplethysmography: Progress, Limitations, and Myths. In Automatic Face & Gesture Recognition (FG 2018), 2018 13th IEEE International Conference on (pp. 702-709). IEEE. Spetlik, R., Franc, V., Cech, J. and Matas, J. (2018) Visual Heart Rate Estimation with Convolutional Neural Network, In Press.

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		COHFACE	ECG-Fitness	MAHNOB	PURE	PURE MPEG-4 Visual
Pearson's corr. coeff.	baseline 2SR CHROM LiCVPR <b>HR-CNN</b>	$-0.32 \\ 0.26 (2) \\ -0.44 \\ 0.29 (1)$	$ \begin{array}{c} 0.06\\ 0.33 (2)\\ -0.58\\ 0.82 (1) \end{array} $	$\begin{array}{c}\\ 0.06\\ 0.21\\ 0.45 (2)\\ 0.51 (1) \end{array}$	$\begin{array}{c} -0.98 (2) \\ 0.99 (1) \\ -0.38 \\ 0.98 (2) \end{array}$	$\begin{array}{c} 0.43 \\ 0.55 (2) \\ -0.42 \\ 0.70 (1) \end{array}$
MAE [bpm]	baseline 2SR CHROM LiCVPR <b>HR-CNN</b>	$8.98 \\ 20.98 \\ 7.80 \\ 1 \\ 19.98 \\ 8.10 \\ 2 \\ 2$	$17.35(2) \\ 43.66 \\ 21.37 \\ 31.90 \\ 9.46(1)$	$9.19 \\ 17.37 \\ 13.49 \\ 7.41 (2) \\ 7.26 (1)$	$9.29 \\ 2.44 \\ 2.07 (2) \\ 28.22 \\ 1.84 (1)$	$9.29 \\ 5.78 (1) \\ 6.29 (2) \\ 28.39 \\ 8.72$

Test sets: COHFACE, ECG-Fitness, MAHNOB and PURE databases for three baseline methods and the proposed method. The baseline always outputs a constant HR – the average HR of the training set.



Grad-Cam heatmaps of the four Output example of the HR convolutional layers, left to right. estimator for a challenging video.

• HR-CNN was tested on three publicly available datasets against three published methods achieving state-of-the-art HR prediction.

Challenging publicly available dataset ECG-Fitness with 60 second videos of subjects performing physical exercises was introduced.

The proposed HR-CNN method yields significantly the best on the realistic ECG-Fitness dataset.

#### http://cmp.felk.cvut.cz/~spetIrad/ecg-fitness/

#### xperiments

