



# Automatic Detection of Cognitive Load

## from Pupil Dilation in Real world Scenarios

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### purpose

detect the user's cognitive load when working with the app only using eyetracker data

find the biggest problems in the tested system or perform A/B comparison

### method

1. calibrate pupil reactions model
2. perform continuous detection of cognitive load

### calibration

light induced pupil reactions  
environment luminosity  
retina distribution (screen distance)

### explicit calibration

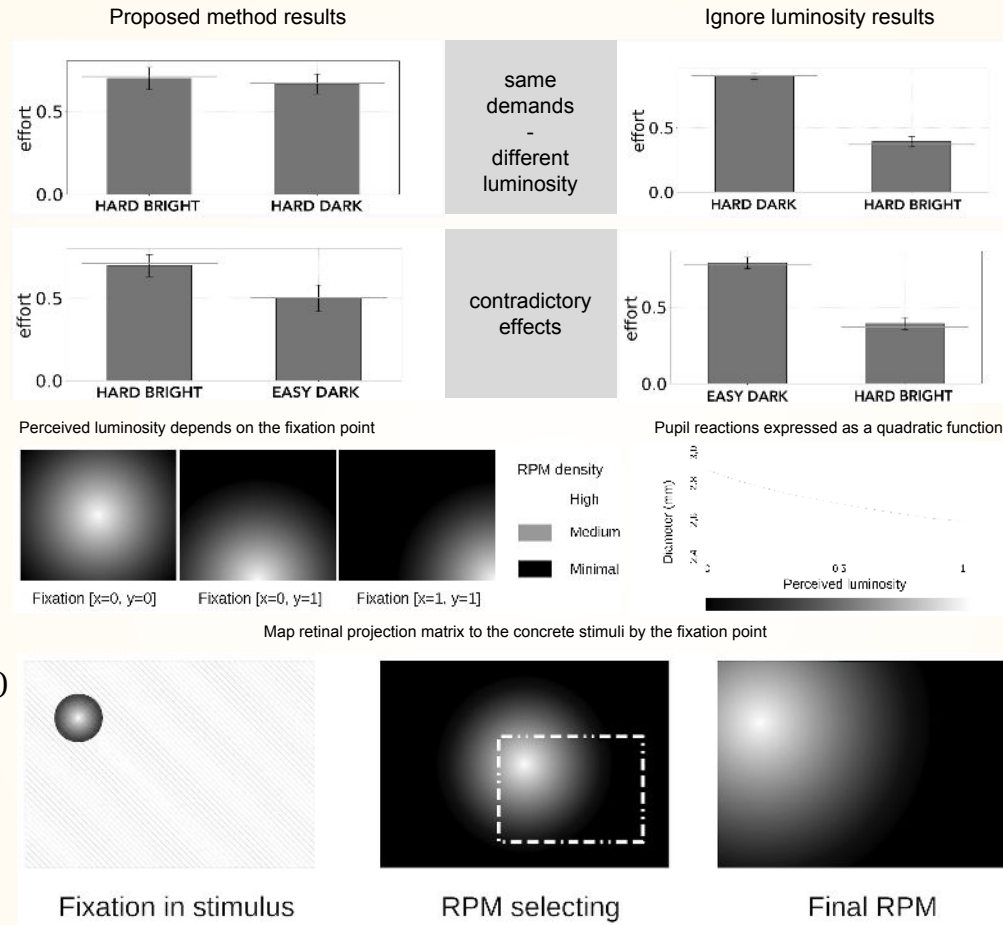
use prepared stimuli  
exact but distracting

### implicit calibration

use experiment data  
approximate but not distracting

### iterative load detection

1. analyse perceived luminosity
2. predict the pupil diameter
  - o respect current luminosity
  - o respect reactions delay
  - o respect reactions velocity
3. compare to actual diameter



### research activity

In order to the correct design of the pupillary response model, we had to perform several experiments in which we tested up to 260 participants on various tasks.

These experiments resulted in a final experiment with other 21 participants.



PeWe@FIIT  
personalized web group

### experiment

21 participants performed a series of cognitive tasks at the forefront of real websites

- three levels of cognitive demands
- four levels of screen luminosities
- cartesian distribution of tasks
- randomized order (72 tasks)

### results & conclusion

- we are able to detect multiple cognitive load levels
- similar cognitive load levels of the similar tasks can be detected under various luminosity levels
- a significantly higher cognitive load can be detected at the first occurrence of the new task type
- neglecting the influence of luminosity on websites with different luminosity results in an error
- explicit and implicit calibration produced similar results